

Mild: 10 lesions or less on the face | **Moderate:** 10 -30 lesions on the face | **Severe:** 30 or more lesions on the face

	INFLAMED ACNE			NON-INFLAMED ACNE			COMBINATION ACNE		
	MILD	MODERATE	SEVERE	MILD	MODERATE	SEVERE	MILD	MODERATE	SEVERE
AM									
STEP 1	Gently cleanse with Cleanser	Gently cleanse with Cleanser	Gently cleanse with Cleanser	Gently cleanse with Cleanser	Gently cleanse with Cleanser	Gently cleanse with Cleanser	Gently cleanse with Cleanser	Gently cleanse with Cleanser	Gently cleanse with Cleanser
STEP 2	Apply Recovery	Apply Recovery	Apply Recovery	Apply Recovery	Apply Recovery	Apply Recovery	Apply Recovery	Apply Recovery	Apply Recovery
STEP 3	Spot treat with Salicylic Acid Gel	Apply Salicylic Acid Gel over entire face	Apply Salicylic Acid Gel over entire face	Spot treat with Salicylic Acid Gel	Spot treat with Salicylic Acid Gel	Spot treat with Salicylic Acid Gel	Spot treat with Salicylic Acid Gel	Spot treat with Salicylic Acid Gel	Spot treat with Salicylic Acid Gel
STEP 4	Apply Barrier Renewal Cream	Apply Barrier Renewal Cream	Apply Barrier Renewal Cream	Apply Barrier Renewal Cream	Apply Barrier Renewal Cream	Apply Barrier Renewal Cream	Apply Barrier Renewal Cream	Apply Barrier Renewal Cream	Apply Barrier Renewal Cream
STEP 5	Finish with MB-1 and spray on to skin	Finish with MB-1 and spray on to skin	Finish with MB-1 and spray on to skin	Finish with MB-1 and spray on to skin	Finish with MB-1 and spray on to skin	Finish with MB-1 and spray on to skin	Finish with MB-1 and spray on to skin	Finish with MB-1 and spray on to skin	Finish with MB-1 and spray on to skin
PM									
STEP 1	Gently cleanse with Cleanser*	Gently cleanse with Cleanser*	Gently cleanse with Cleanser*	Gently cleanse with Cleanser*	Gently cleanse with Cleanser*	Gently cleanse with Cleanser*	Gently cleanse with Cleanser*	Gently cleanse with Cleanser*	Gently cleanse with Cleanser*
STEP 2	Apply Recovery	Apply Recovery	Apply Recovery	Apply Recovery	Apply Recovery	Apply Recovery	Apply Recovery	Apply Recovery	Apply Recovery
STEP 3	Spot treat with Salicylic Acid Gel	Apply Salicylic Acid Gel over entire face	Apply Salicylic Acid Gel over entire face	Spot treat with Salicylic Acid Gel	Spot treat with Salicylic Acid Gel	Spot treat with Salicylic Acid Gel	Apply Salicylic Acid Gel over entire face	Apply Salicylic Acid Gel over entire face	Apply Salicylic Acid Gel over entire face
STEP 4	Follow with Mandelic Acid** <i>(use every other night)</i>	Follow with Mandelic Acid** <i>(use every other night for first week, then proceed to nightly use)</i>	Follow with Mandelic Acid** <i>(use every other night for first week, then proceed to nightly use)</i>	Follow with Mandelic Acid** <i>(use every other night)</i>	Follow with Mandelic Acid** <i>(use every other night for first week, then proceed to nightly use)</i>	Follow with Mandelic Acid** <i>(use every other night for first week, then proceed to nightly use)</i>	Follow with Mandelic Acid** <i>(use every other night for the first week, then move to nightly use once pustules have subsided)</i>	Follow with Mandelic Acid** <i>(use every other night for the first week, then move to nightly use once pustules have subsided)</i>	Follow with Mandelic Acid** <i>(use every other night for the first week, then move to nightly use once pustules have subsided)</i>
STEP 5	Apply Barrier Renewal Cream	Apply Barrier Renewal Cream	Apply Barrier Renewal Cream	Apply Barrier Renewal Cream	Apply Barrier Renewal Cream	Apply Barrier Renewal Cream	Apply Barrier Renewal Cream	Apply Barrier Renewal Cream	Apply Barrier Renewal Cream
STEP 6	Finish with MB-1 and spray on to skin	Finish with MB-1 and spray on to skin	Finish with MB-1 and spray on to skin	Finish with MB-1 and spray on to skin	Finish with MB-1 and spray on to skin	Finish with MB-1 and spray on to skin	Finish with MB-1 and spray on to skin	Finish with MB-1 and spray on to skin	Finish with MB-1 and spray on to skin

* For gentle exfoliation, apply **Volcanic Ash Mask** after cleansing 1-3x/week for up to 10 minutes. Then remove with a warm, dark cloth and proceed with protocol.

** Use **Mandelic Acid** for the treatment of Post Inflammatory Hyperpigmentation (PIH). Once pustules have cleared, use **Mandelic Acid** for maintenance and to keep PIH under control. Spot treat as needed with **Salicylic Acid Gel**.